

FOR IMMEDIATE RELEASE

## **“United Way Greater Nashua grants Gateways Community Services \$10,000 to support Adult Day Service Program.”**

**Photo Caption:** United Way President Mike Apfelberg presenting Annemarie Conroy, Activity Manager of the Adult Day Service Program, & Sandy Pelletier, President and CEO of Gateways Community Services, with grant funding for the Gateways’ Adult Day Service Program.

For over 30 years, Gateways Community Services in Nashua, NH, has served a diverse population of infants, children, adults, and seniors with a wide array of supportive programs and services. Gateways has worked to develop programs to meet the changing and emerging needs of those challenged by developmental and/or physical disability. Gateways Community Services believes that all people are of great value and strives to be innovative when providing quality supports needed for individuals to lead meaningful lives in their community

The Gateways Community Services Adult Day Service Program (ADSP) located at Alvirne High School in Hudson, NH, offers quality adult day care to greater Nashua community seniors. For over 30 years, the ADSP has been supporting elders, older adults, and their caregivers in a friendly environment with caring staff. Participants report that they are not as lonely and are having fun, while caregivers report that they do not need to worry about their loved one and can have a break from daily care giving. Nearly one hundred percent of the 59 people who attended the program last year qualified as low income. Gateways’ Adult Day Service Program is dedicated to supporting the growing needs of the elder population in the greater Nashua region. Elders want to age in their local community and in their homes, but they need help. When it comes to support options, elders ask for choice, control, and flexibility. The Adult Day Service Program provides them with cost-effective nursing support, quality food, and social interaction that protects them from isolation and associated risks.

According to Sandy Pelletier, President and CEO of Gateways, “United Way’s support for the Adult Day Service Program has allowed many seniors to stay enrolled and has helped bring new participants to the program. With the assistance of the United Way, ADSP is able help elders who are low income and experiencing financial hardship to attend the Adult Day Service Program. Prospective participants and their families always ask, “How much does your program cost”? Most of our participants report that their only source of income is their social security. Scholarship funding allows the clients and their family to be able to participate more fully. United Way’s support has kept many people enrolled in the program and prevented their placement into nursing homes and gives an opportunity for socializing and independence. Thanks in part to generous grants received by the United Way of Greater Nashua, Gateways continues to support families and seniors who are in need of care and program offerings.”

For more information about Gateways Community Services can be found on their website at <http://www.gatewayscs.org/>

According to Mike Apfelberg, President of United Way Greater Nashua, “At United Way we focus on Health, Education, and Income. The Gateways’ Adult Day Program addresses two of these by giving our citizens with Alzheimer’s and Dementia a caring, loving, and supportive environment regardless of their income and ability to pay. We at United Way are so proud to be able to help make this program

available. This is an area in mental health which receives remarkably little financial support from other sources. We consider that a tragedy and are so pleased to partner, year after year, with Gateways.”

### **About United Way of Greater Nashua**

In existence since 1930, United Way of Greater Nashua currently provides program funding for 29 different programs in 17 different agencies throughout the greater Nashua area. This area encompasses 11 communities, including Nashua, Hudson, Merrimack, Milford, and the surrounding towns. United Way partners with individuals, companies, and thousands of company employees to raise these funds, primarily through payroll giving. United Way tackles the critical needs in our community by supporting many programs and agencies throughout Greater Nashua.

If you are interested in learning more about United Way of Greater Nashua and becoming a partner company or agency, please visit them up on-line at [www.unitedwaynashua.org](http://www.unitedwaynashua.org) or call (603)882-4011.